

**TOXIC RELATIONSHIP IN MOVIE SCRIPT  
*ENOUGH* BY NICHOLAS KAZAN**



**THESIS**

Submitted in Partial Fulfilled of Requirement for the Bachelor degree  
at Faculty of Education & Letter Bosowa University

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**ENGLISH LANGUAGE AND LITERATURE PROGRAM  
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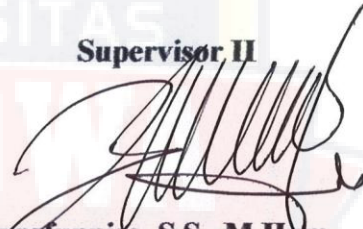
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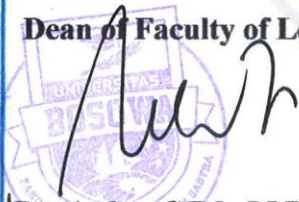
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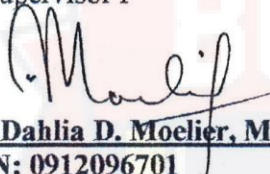
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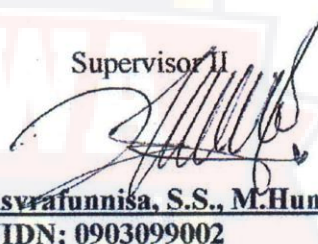
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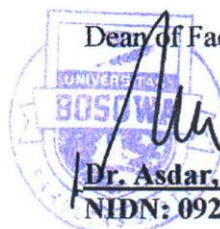
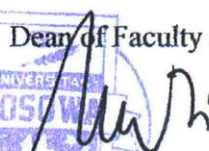
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## STATEMENT OF ORIGINALITY

The writer here declares that the content in this thesis entitled TOXIC RELATIONSHIP IN MOVIE SCRIPT *ENOUGH* BY NICHOLAS KAZAN was the absolute work of the writer and has not been used in any institutions or for any purpose before. The writer guarantees that the content of this thesis was the result of the writer's own thoughts. The guidance received in the preparation of wrote this thesis and the resources used really exist and was recognized.

Makassar, 25 May 2023

The Writer



Maida Tandililing

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The writer was pleased to receive critics, corrections, and advices from the other people in order to make a better writing in future for the writer herself and any other person who was interested in making the same kind of writing. Finally, I hope that writing this final project could be useful for writers and other fellow students in the future come.

Makassar, 25 May 2023  
The Writer

Maida Tandililing.

## ABSTRACT

**Maida Tandililing**, 4518051044. "*Toxic Relationship in Movie Script Enough by Nicholas Kazan*". English Language and Literature Program. Faculty of Education and Letters. Bosowa University. (Supervised by Dahlia D Moelier and Asyrafunnisa).

The study aimed to find out types of toxic relationship and to describe the effects of toxic relationship in the movie script *Enough*. In this research the writer applied descriptive Qualitative method through the theory Toxic Relationship from of the Morgan Lee.

The results of the study showed that there were 19 data from 4 types of toxic relationship , namely controller 5 data, belittler 5 data, deflector and overreactor 5 data and user's and possessive nature 4 data. And 12 data from 4 effects of toxic relationship, namely feeling angry sad and down 4 data, feel numb and sad 2 data, unable to express your self 2 data and they control of the relationship 4 data.

According to Morgan Lee theory, there were 7 types of toxic relationship namely controller, belitter, bad temper, guilt inducer, deflector and overrector, over dependent partner and independent controller and the last type was user's and possessive nature. Of the 7 types of toxic relationships, there are 3 types that are not find in the movie script *Enough*, namely the bad temper, guilt inducer, over dependent partner and independent controller. According to Morgan Lee theory, there were 7 effects of toxic relationship namely feeling angry sad and down, constant state, feeling drained, feel numb and sad, unable to express yourself, they control the relationship, feeling completely difference around them. Of the 7 effects toxic relationship there are 3 effect that are not find in the movie script *Enough*, namely constant state, feeling drained, and feeling completely difference around them.

**Keywords:** Toxic Relationship, Types, Effects, Movie Script.

## ABSTRAK

**Maida Tandililing.** 4518051044. "*Hubungan Toxic Dalam Naskah Film Cukup Oleh Nicholas Kazan*". Bahasa Program. Sastra Inggris. Fakultas Ilmu Pendidikan dan Sastra. Universitas Bosowa. (Dibimbing oleh Dahlia D Moelier dan Asyrafunnisa).

Penelitian ini bertujuan untuk mengetahui jenis-jenis hubungan beracun dan mendeskripsikan dampak hubungan beracun dalam naskah film *Cukup*. Dalam penelitian ini peneliti menggunakan metode deskriptif kualitatif melalui teori Toxic Relationship dari Morgan Lee.

Hasil penelitian menunjukkan terdapat 19 data dari 4 jenis hubungan toksik yaitu pengontrol 5 data, meremehkan 5 data, deflektor dan overreactor 5 data dan sifat pengguna dan posesif 4 data. Dan 12 data dari 4 efek hubungan yang beracun yaitu perasaan marah, sedih dan sedih 4 data, merasa mati rasa dan sedih 2 data, tidak bisa mengekspresikan diri 2 data dan mereka mengontrol hubungan tersebut 4 data.

Menurut teori Morgan Lee, ada 7 jenis hubungan beracun yaitu pengontrol, belit, temperamen buruk, pemicu rasa bersalah, deflektor dan overreactor, pasangan yang terlalu bergantung dan pengontrol independen dan yang terakhir adalah sifat pengguna dan posesif. Dari 7 jenis hubungan beracun, ada 3 jenis yang tidak ditemukan dalam naskah film *Cukup*, yaitu sifat pemarah, pemicu rasa bersalah, pasangan yang terlalu bergantung, dan pengontrol yang mandiri. Menurut teori Morgan Lee, ada 7 efek dari hubungan yang beracun yaitu perasaan marah, sedih dan sedih, keadaan terus-menerus, perasaan terkuras, mati rasa dan sedih, tidak mampu mengekspresikan diri, mereka mengontrol hubungan, merasakan perbedaan total di sekitar mereka. Dari 7 efek hubungan beracun ada 3 efek yang tidak ditemukan dalam naskah film *Cukup*, yaitu keadaan konstan, perasaan terkuras, dan perasaan benar-benar berbeda disekitarnya.

**Kata Kunci:** Hubungan Toxic, Jenis, Efek, Naskah Film.



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# CHAPTER I

## INTRODUCTION

This chapter discuss about a background, the reason for choosing the title, problem of the research, scope of the research, question of the research, objectives of the research, and significance of the research.

### A. Background

Literature was a medium in which it use language to tell the story of human life. Language was a tool that used by people to communicate and use language to express their ideas or feelings both orally (Hasanah, 2016:1). At the beginning literature was associates to writings but it was denied by some expert because it was not contain the main elements of literature, the main element of literature is entertainment (Leitch, 2001:5). Movie belong to the literature genre of drama and all kinds of movie show according to the features of literature text, movie is a contemporary movement from textual literature form to visual literature form.

Movie is one of the communication medium that provides information to the audience through a story that made it attractive to use language that is easily understood by the audience. Interesting uses of language in the movie always aim to deliver the message to be accepted by the audience (Pusumakeja, 2018:15). Movies are mostly adapted from real story in the world and the other are adapted from books or novel. Most of people use

movies in entertainment, critics, advertisement, and education. Movies will give us message such as moral, motivation, faith, science, etc.

A movie script is a written work that is made especially for a film or television program. Movie script can be original works or adaptations from existing pieces of writing. Here, the movement, actions, expression, and dialogues of the characters are also narrated. Script of the movie contains of the character, dialogue, movement, action, scene descriptions and the expression of the characters. It can make the students easier to read and describing the script of the movie (Susanti, 2020: 36).

In the early of 1900s human developed photography to motion picture that record human life further developed into motion picture that has story. In the classic period literature know drama performance, visualize the script that written and represent society a human dreams. This kind of art works widely known as one of literature work and had been analyzed by many writer. Since video camera was found dram performance was one of art works that use that technology to develop the way they perform.

It is important to note that toxic relationship are not limited to romantic relationships. They are in the family, at work, and among groups of friends and they can be very stressful, especially if their toxicity is not managed effectively (Scott, 2020:1). Toxic Relationships are usually characterized by jealousy exaggeration, selfishness, lies, demeaning partners self-esteem, saying rude, thus causing discomfort in the relationship (Inayah, 2022:12).

According to (Lee, 2017:3) a toxic relationship is a relationship that is characterized by behavior on the part of the toxic partner this is emotionally and at times , physically damaging to their partner Toxic relations may exist not just between partners, but also between coworkers, friends and family members. In this study the writer choose Toxic relationship as the object to be analyzed. From the definition above , the researcher decided to analyze the types of the toxic relationship and the effects of toxic relationship in the *Enough* movie script using psychology of literature approach and theory of Toxic Relationship from Morgan Lee. This research is entitled *Toxic relationship in Movie Script Enough* By Nicholas Kazan.

#### **B. Reason for Choosing the Title**

There are many studies on relationship which makes this research unique in that it is not common to observe love or relationships from a backwards context. *Enough* is an interesting story to analyze, therefore the writer chose the title Toxic Relationships and chose this movie script because it is closely related to real life such as types of the toxic relationship and effects of toxic relationship. Many homes break up and get divorced because of incompatibility and discomfort resulting from infidelity, domestic violence, and selfishness towards partners.

Domestic violence against women in 2019 in Indonesia reached 14,719 cases from data obtained by the National Commission Against Violence Against Women. Domestic violence against women is the most common case with a percentage of 75% of cases (Maisun, 2021:7).

### **C. Problem of the Research**

In this research there are several problems, but in this study the writer will focus on the relationship between Mitch and Slim. For toxic relationships, the researcher see the big problem that arise in the script, how toxic relationship is described in the script and the effects of toxic relationship caused by someone who has toxic characteristics in partner. This problem aims to define the scope of toxic relationships, each form of toxic relationships is different, therefore it is important to observe the forms of toxic relationships in this research.

It is important to know why someone is toxic to their partner, from the problem created the researcher choose this work to be used as research project. Based on the description above, the researcher fomulates the question of the research to find out the types and the effects of the toxic relationships that contained in *Enough* movie script.

### **D. Scope of The Research**

This research is about a Toxic Relationship. The writer focuses on research to find the types of Toxic relationships based on Morgan Lee theory and the effects of toxic relationships contained in the *Enough* movie script.

### **E. Question of The Research**

1. What are the types of Toxic Relationship contained in the movie script *Enough*?
2. What are the effects of the Toxic Relationship contained in the moviescript *Enough*?



## **F. Research Objectives**

1. To find out the types of Toxic Relationships contained in the Movie script *Enough*.
2. To describe the effects of Toxic Relationship contained in the Movie Script *Enough*.

## **G. Significance of The Research**

Significance of the Research there were two significances from this research such as theoretical benefit and practical benefit that can be achieved through the research, as follows:

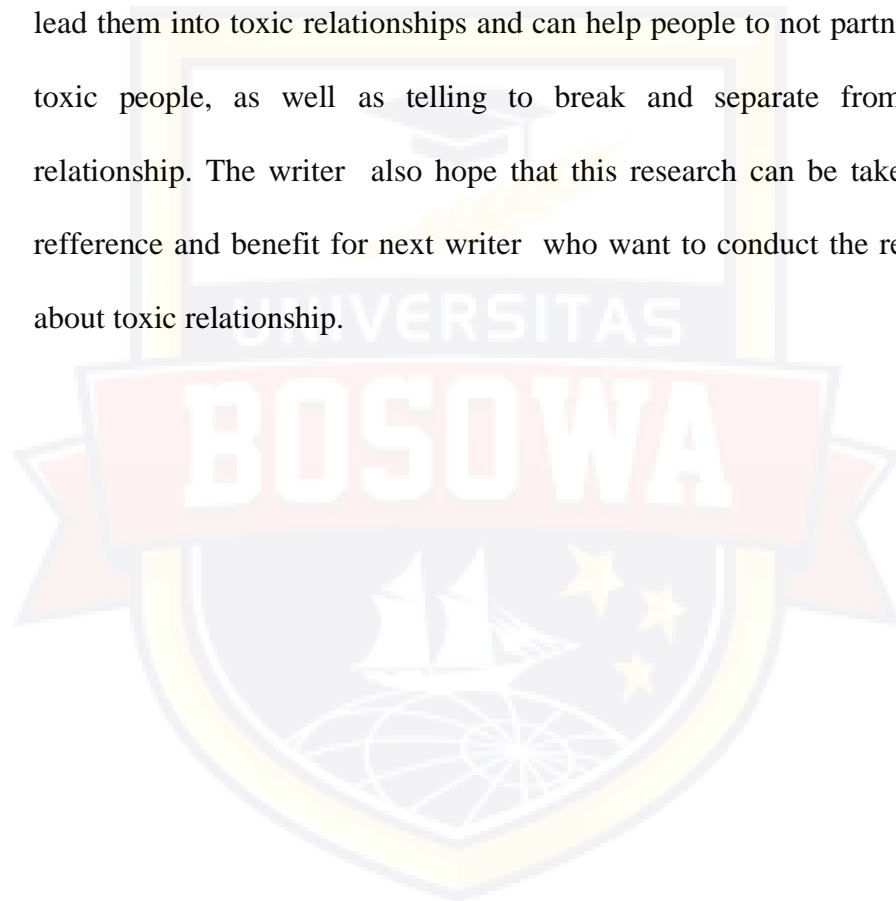
### **a. Theory Benefit**

This research is expected to provide a field of research for next writer who interest to analyze toxic relationship and this research aims to be reference for future research that focus on analyzing or observing *Enough* movie script. This research can provide insight for students in the field of literature and for society.

The writer hopes that this research will help the future writer who interest in same topic and same object to develop concept and describe toxic relationship. There are few of research that analyze toxic relationship in literature discipline, furthermore this research expected to be the basic reference to develop and research more about toxic relationship.

b. Practical Benefit

The results of this study are useful for enriching people's understanding of Toxic Relationships, types of Toxic and the impact of Toxic Relationships especially in movie script. This research will help students and the public to understand toxic behaviors in relationships that lead them into toxic relationships and can help people to not partner with toxic people, as well as telling to break and separate from toxic relationship. The writer also hope that this research can be taken as a reference and benefit for next writer who want to conduct the research about toxic relationship.



## **CHAPTER II**

### **LITERATURE REVIEW**

This chapter consists of previous studies, psychology of literature approach, movie, related idea and theories. The related ideas were explained about definition of toxic relationship, types of toxic relationship and effects of toxic relationship.

#### **A. Previous studing**

Previous studies were the literature review that had a common theme which was usually used by the next writers to compare their new research with the previous writers.

Astari and Santosa (2019) in their research title *Relationship between Family Communication Quality and Perceptions of Abusive Relationships with Violent Behavior in Dating Young Adult Age Groups* The study was conducted with a nonprobability sampling technique, namely purposive sampling in the age group of 18 to 30 years who were/had undergone a romantic relationship (dating), and had experience in dating violence. The number of samples in this study were 60 people with a ratio of 50 percent of women and 50 percent of men so that the study was balanced. Based in the hypothesis shows a negative correclayion and perception of family communication and perception of abusing relationship whit young adults abusing dating behavior with it is significance value of 0,000 (0.05) and the correlation coefficient of 0.334.

Julianto et al (2020) in their research title *Relationship between expectation and self-esteem to happiness in people who have toxic*

*relationship with psychological health.* This study aims to determine the relationship between expectations and self-esteem on happiness in people who have a toxic relationship with psychological health. The method in this research is correlational quantitative with scale data collection tools, especially the attitude scale in the form of a Likert. The subjects in this study were 49 people. Collecting data used in this research is by distributing instrument questionnaires, Self Esteem Inventory scale which contains twelve items. Meanwhile, to measure happiness the scale used is the Oxford Happiness Questionnaire. The results showed that self-esteem and expectations influence a person's level of happiness. This means that someone's happiness will be high if he has high self-esteem and expectations. However, when experiencing a toxic relationship, self-esteem and expectations will decrease which makes the level of happiness felt low.

Putri and Putri (2020) in their research title *Representation of toxic relationship in video clip card - YOU IN ME.* This study was conducted based on the Semiotic Analysis of Toxic Relationship Representation in the video clip of Kard - You In Me, in which the video clip contains the meaning of a romance of two couples who are in love but have a possessive behavior. The aim of this study is to find out the Toxic Relationship Representation contained in the music video clip. The theory used is the theory of Roland Gerard Barthes and uses the semiotic analysis method with qualitative descriptive research method with secondary data, which is a method carried out in a study and refers to books and other references. The conclusion of this

study is the proof based on Semiotic Analysis that Toxic Relationship truly occurred in the video clip of Kard - You In Me.

Alfiani (2020) *Resilience effort in adolescents in overcoming toxic relationship that occur datement relationship* The purpose of this research is to get out of a toxic relationship to overcome difficult, stressful, and full of misery or trauma experienced in one's life by rising from all the problems that are full of pressure, which is called resilience. The method of conducting this research is using a qualitative research type with a case study approach. There are 2 subjects in this study. With data sources used in the form of primary data sources and secondary data sources, while the techniques used to obtain data by way of observation, interviews, and documentation. The process of data analysis with data reduction, data presentation, and drawing conclusions. The results obtained in this study are resilience efforts by subjects A and B covering aspects of resilience such as aspects of emotion regulation, aspects of impulse control, aspects of optimism, aspects of empathy, aspects of analysis of the causes of problems, aspects of self-efficacy, and aspects of reaching out.

Nihayah et al (2021) *Self Acceptance of Toxic Relationship Victims in Growing Mental Health*. Toxic relationship is one example of how then a problem that affects a person's relationship with his partner. This is usually indicated by a sense of competition. From Within the individual and the absence of cohesiveness. The purpose of this paper is to provide a better understanding of the self-acceptance of toxic victim relationships in fostering

mental health, the author is also associated with a toxic victim case study entitled "An overview of acceptance of violence in early adults who are victims of dating violence", which includes an overview of how the attitudes and behavior of victims in accepting violence in dating and also the factors that influence it. The method in this research is descriptive research, where the writer conducts an in-depth exploration of programs, processes, events, and activities of one or more people using a case study approach by finding a number of adult women who have experienced sexual experiences.

Azizah et al (2021) *Defictions of Violence Racism in Ron Stallworth's Novel Black Klansman* The objectives of this study were to identify the depictions of violence racism and identify the impact of violence racism on African-America society in *Black Klansman* novel by Ron Stallworth. The data source used in this research is *Black Klansman* novel. In analyzing the data, the writer used a qualitative descriptive research method through a sociological approach. The result of this research there were 13 data that depicted violence racism in *Black Klansman* novel by Ron Stallworth. 5 data contained the violence racism in narrow sense, 8 data of the violence racism in broad sense, and there were 9 data which include the impact of violence racism.

Azzarha (2021) *Toxic Relationship in Anna Todd's Wattpad Story After*, This study is conducted to analyze the context of toxic relationships and find out the characteristics and negative impacts of toxic relationships in a story, *After*, written by Anna Todd, published in 2013. This study uses a descriptive

qualitative method because the process of the results and discussion are accomplished descriptively. One of the significant theories used in this research is proposed by Glass ( 1995 ) who claims that toxic relationship is any relationship between people who do not support each other, there is conflict and one seeks to undermine the other, a competition, and disrespect and a lack of cohesiveness. The characteristics of toxic relationships which are analyzed are excessive romantic jealousy, egoism (selfishness) of the partner, and lack of honesty. The negative impacts which are analyzed are disrespect and abuse . The results of this study are that toxic relationships are dangerous and should be avoided by a couple to get a harmony.

Praptiningsih and Putra (2021) in their research title *Toxic relationship in interpersonal communication among teenager*. The purpose of this study was to identify and analyze toxic relationships in interpersonal communication among adolescents. Toxic Relationship as an unhealthy relationship does have an impact on the occurrence of internal conflicts. Relationships like this are very vulnerable to making the sufferer unproductive, mental disorders, so that it can trigger an emotional outburst that leads to violence. The research method used is a qualitative approach. The technique of collecting data is FGD, observation, and conducting in-depth interviews with informants/ participants as primary data. The results of the study show that : first, the perpetrators of toxic relationships, namely toxic people, could be the closest people to the victim , such as the nuclear family, consisting of father-mother-brothers and sisters.

Radde et al (2021) *the analysis of the difference in love components based on the level toxic relationship*, This research aimed to observe if there is a difference of the love component of level toxic relationship to the people who dating in Makassar. This research was conducted to 458 of respondents who were in a relationship, and there were 277 of respondents who included in the toxic relationship criterial, The data were analyzed by using normality test, homogeneity test, and independent sample test. The result of this research were (1) there were the differences in the intimacy component on the level toxic relationship, (2) there no differences in passion component based on the level of toxic relationship and (3) there were differences in the commitment components based on the level of toxic relationship.

Syafira and Surwanti (2021) *Representation of toxic relationship in the film story of kale: when someone's in love*, This study aims to determine the representation of a toxic relationship in the film story of Kale: when someone's in love. This research uses descriptive qualitative research using Ferdinand De Saussure's semiotic analysis method. The data collection technique is done by documentation in the form of scenes in the film Story of Kale : When Someone's in Love. This study uses the aspect of signifier and of the sign of each scene contained in this film.

Wulandari et al (2021) *The phenomenon of Toxic relationship in dating among Sriwijaya University students*. This research aims to describe and analyze toxic relationships of Sriwijaya University students. This research was conducted by the qualitative method. The conclusions were obtained



from primary data in the form of observations, in-depth interviews, and documentation. Then the data was analyzed using the theory of Exchange from George C. Homans. This research showed that the toxic form of relationship in courtship in Sriwijaya University students is the restriction of promiscuity, name-calling, gaslighting, physical roughness (gripping and choking the neck), and carrying away the couple's money. Furthermore, the results also showed that couples who choose to survive in a relationship are inseparable from psychological reasons, such as insecurity and fear of not being accepted by others for having sexual intercourse.

Oktaviani and Amalia, (2022) Representation of toxic relationship in web series Layangan Putus. This study aims to determine the representation of toxic relationships in Layangan Putus web series by using descriptive qualitative methods based on Roland Barthes' semiotic theory by examining denotation, connotation and myth. The results of this study indicate that the meaning of denotation in Layangan Putus series is shown through gestures such as diverting eye contact, uncontrolled speech tone, stammering, swearing, yelling, to verbal expressions of love.

Widyastuti et al (2022) *Legal protection for victims of toxic relationships among adolescents* The purposes of this study are to determine the regulation of toxic relationship actors among adolescents and forms of legal protection for victims of toxic relationships among adolescents. This legal research method is normative with a statutory and conceptual approach.

The results of the study reveal that the provision of legal protection for victims of toxic relationships aims to provide justice to the victims.

Based in the previous study above mostly talking about cases that have clearly described such the research did not find all the types of toxic relationship and effects of the toxic relationship based on Morgan Lee theory. The result of the research was not to repeat the research in the past, in this research the writer used psychology of literature approach and used theory by Morgan Lee 2017, also the object in this research was difference because the writer chose *Enough* movie script as an object of this research.

## **B. Psychology of Literature**

The study of Psychology was also used used in studying a literary work that called literary psychology. There was a very strong correlation between literature and psychology for the fact that both of them deal with human beings and their reactions, perceptions of the world, miseries, wishes, desires, fears, conflicts and reconciliations. Psychology of literature was the analysis of texts taking into account the relevance and role of psychological studies. In analyzing the psychology experiences in the literary work need to understand the psychology of literature. That is, psychology also plays an important role in the analysis of a literary work by working from the psychiatric point of the literary work both from the elements of the author, the character and the reader.

Psychology of literature was the study of literature that view works as a psychological activity. The study of literary psychology does have a

foundation of kokok. Because, both literature and psychology both study human life. The difference was that literature studies humans as the creation of the outhor's imagination, while psychology studies humans as divine creations in ril (Kumkelo, 2023:24).

Psychology of literature study about human being, but people have different object of concern different from psychology deals with the real life situation and literature deals with the imaginary of human being ( Fauziyah, 2008: 16). Theory of literature says, by psychology of literature, people may mean the psychology of the writer as type and individual of the study of the creative process and the study of the psychological types and laws present whitin works of literature or finally people effect of literature upon it is reader (Wellek and Warren, 1956: 81).

Psychology and literature do not stand apart, as psychology can be applied to analyze the work of literature (Papalia, 1985: 4). Beside that literature psychology was literature studies that consider the literary work as psychology of the author which uses the thought, feeling, and work. Psychology was the scientific study of mental processes and behavior. Psychologists study such phenomena as perception, cognition, emotion, personality, behavior, and interpersonal relationships. As a result, using the psychological approach in literary research was vital (Endraswara, 2008: 15).

## C. Movie

Movie was moving pictures, in the movie we can also see some parts of people lives. Although not all parts of movie was the representation of real lives, we can somehow take it as lives that people have and movies become familiar in this era.

Movie was form of entertainment the gives visualization through a sequence of image giving some pictures of continuous movement and it was also called term that create story into motion picture completed by audio and as a form dramatic performance that is recorded as a moving image, even it was added special effects to make a magnificent image (Violet, 2019: 31).

### 1. Element of movie

According to Violet (2019: 32) Movie have some parts that can be broken down to analyze further Pratipta proposes some element of movie, they were classified into five as follows:

#### A. Scene

According to Pratipta a section of a movie or film was usually made up of a number of shots which was unified by time, setting, character, etc.

#### B. Plot

Plot was the unified structure of incidents in a movie or film.

### C. Character

In a movie, people can see some people playing different roles as if they were really like what we saw in the movie. Those people were called characters. This was in line with Pratista who says that character was an imaginary person in a movie or film.

### D. Point of view

The angle of vision from which a story was narrated is called point of view.

### E. Conflict

Movies usually present some story about many aspects of life with different problems that will be solved by some specific characters, usually the main character at the end. This problem was called conflict. This was in accordance to Pratista who stated that conflict was a struggle between opposing forces in a movie or film, usually resolved by the end of the story.

## 2. Types of Movie

According to Violet (2019: 33-35) Movie itself has kinds of genre, below were the genres of movie:

- a. Action films usually include high energy, big budget physical stunts and chases, possibly with rescues, battle, fights, escapes, destructive crises. It was stories whose central struggle plays out mainly through a clash of physical force.

- b. Adventure films were usually exciting stories, with new experiences or exotic locales, very similar to or often paired with the action film genre. They can include traditional swashbucklers, serialized films and historical spectacles. It was stories whose central struggle place out mainly through encounters with new worlds.
- c. Comedies were light-hearted plots consistently and deliberately design to amuse and provoke laughter with jokes or something funny stories whose central struggle causes hilarious result.
- d. Crime (gangster) it was stories whose central struggle was between acriminal and society. The category included a description of various serial killer films.
- e. Love/romance, it was stories whose central struggle was between two people who each want to win or keep love to his/her couple.
- f. Social drama, it was stories whose central struggle is champion and a problem or injustice in society. Characters, settings, life situations, and story involving intense character development and interaction. Dramatic films were probably the largest film genre, with many subsets.
- g. Epic/myth, it was stories whose central struggle play out in themidst of clash of great force or in the sweep of great historical change.
- h. Horror films were designed to frighten viewer. It often in a terrifying, shocking finale, while captivating and entertaining us at the same time in a experience. They were often combined with science fiction when

the menace or monster is related to a corruption of technology, or when Earth was threatened by aliens.

- i. The fantasy and supernatural film genres were not usually synonymous with the horror genre.
- j. Musical movie was a movie with cinematic forms that emphasize song and dance routines in a significant way usually with a musical or dance performance integrated as part of the film narrative, or they are films that are centered on combinations of music, dance, song or choreography.
- k. Science fiction, it was stories whose central struggle is generated from the technology and tools of scientifically imaginable world.
- l. Thriller, it was stories whose central struggle pits an innocent hero against a lethal enemy who is out to kill him or her.

#### **D. Movie Script**

Movie script can be used as a cross-curriculum teaching method. This is related to the concept that the teacher will introduce in the classroom, providing academic benefits and fluency. Meanwhile, teachers must consider their students' reading skills when choosing film scripts.

A movie script is a written work that is made especially for a film or television program. Movie script can be original works or adaptations from existing pieces of writing. Here, the movement, actions, expression, and dialogues of the characters are also narrated. Script of the movie contains of the character, dialogue, movement, action, scene descriptions and the

expression of the characters. It can make the students easier to read and describing the script of the movie (Susanti, 2020: 36).

Movie is a depiction of reality like any other video source, movie is usually considered as a means of communication and is a combination of Various technologies such as; photography and sound recording, fine arts and theater, literature and architecture, and musical arts (Rohrbach, 2017). Script is a concept from movie which is understood as an artifact rather than a limitation of reality and a script is a document that includes the setting, characters, dialogue, and setting for a movie, television program, or theatre (Stam, 2017:186).

#### **E. Toxic relationship**

##### Defenition

A toxic relationship by definition was a relationship that was characterized by behavior on the part of the toxic partner this was emotionally and at times, physically damaging to their partner. Toxic relations may exist not just between partners, but also between coworkers, friends and family members (Lee 2017: 8). As Scott (2020: 1) explained that it was important to note that toxic relationship were not limited to romantic relationships, they were in the family, at work, and among groups of friends and they can be very stressful, especially if their toxicity is not managed effectively.

According to Inayah (2022: 12) Toxic relationships were usually characterized by jealousy exaggeration, selfishness, lies, demeaning partners self-esteem, saying rude, thus causing discomfort in the relationship. Signs of



a toxic relationship were not always easy to spot. Although physical violence and infidelity may be signs that are easy to spot, there were other subtle signs that most people involved in such relationships tend to miss ( Lee, 2017: 9).

According to Praptiningsi (2021: 1) toxic relationship as a relationship that does not have an impact on the occurrence of internal conflicts. Relationships like this are very vulnerable to making the sufferer unproductive, mental disorders, that it can trigger emotional outbursts that lead to violence.

#### 1. Toxic

Toxic people can become the closest people to the victim, such as the nuclear family consisting of father, mother, brother and sister. In addition the perpetrator could be a lover in an unhealthy love relationship, or a peer or even a friend who often bullies themselves in the form of verbal, physical, and even sexual violence. Second the type of toxic relationship, can be categorized into several forms, namely: unhealthy relationships with friends (toxic friendship), parents/family (toxic parenting), lovers/ girlfriends, and parents who cheat so that it affects the mentality of children (Praptiningsi, 2021: 1).

#### 2. Relationship

A relationship was the way two or more people that were connected, or the way they behave toward each other. In other word, relationships were continuous interactions between people that facilitate the process of recognizing one another. Relationships occur in every process of human

life. Relationships can be divided into relationships with peers, parents, family, and social environment.

#### **F. Types of Toxic Relationship**

According to Lee (2017: 9-13) there were 7 types of toxic relationships as follows:

##### **1. Controller**

One of the most obvious signs of a toxic relationship was when partner was always controlling. Controller where the one partner was more dominant and more selfish in the relationship. In toxic relationship your partner would control you whatever you did and said. If the partner was too controlling, he or she would not give you a choice to do or said whatever you wanted besides to following what they wanted. No one wants to be told what to do and how to do it all the time. A person that truly loves will never put on a leash. It was like walking on eggshells. Controlling does not have to be physically violent or threatening, may be there fore frightened that may be afraid to freely share views and opinions about anything. Afraid of partner emotional reaction, as you know that say may be ignored or overruled. One person calls all the shots and the other simply give in. The relationship was not on an equal footing as one has all the power and the other does not.

##### **2. Belittler**

In this type the toxic individual always belittles by making fun of everything do. Anything that say and do is stupid and silly. The character

was not hesitate to belittle in front of family, friends and in public. Even when have asked them to stop such behavior continue to indulge in it and often disguise it in various ways. The problem was that it was not a joke and not kidding. They want to have complete desicion making power and if tolerate such behavior long enough, lose self-esteem.

### 3. Bad Temper

If have given up on disagreeing or arguing with partner as worried about theirl bad temper, it was a classic behavioral trait of the toxic person. It was want to control by intimidating individuals have an unpredictable temper and never sure what triggers the bad temper. A surprising aspect about such emotionally abusive individuals is that never show this side of their self to the outside world. Most often come across as easy going and pleasant in public. If ever confront them about their bad temper they may blame the outburst on. It is always fault that angry and the reason they scream and yell, disown any responsibility for this behavior.

### 4. Guilt Inducer

A toxic relationship need not be just between two individuals in a committed relationship, it can also be between family members and friends. The control in such relationships was exercised by inducing guilt, made to feel guilty anytime do something that the guilt inducer does not like. The most interesting aspect about such people is that may use others to convey hurt or sense of disappointment. In a family, the mother may

make use of the father to convey her disappointment about the son or daughter. Any guilt prone individual may want the guilt to be removed and this gives the guilt inducer absolute control and power.

#### 5. Deflector and Overreactor

If have ever tried telling your partner that hurt and unhappy about what said and did but find yourself taking care of their unhappiness and hurt, may be dealing with a toxic overreactor. Instead of getting comfort always comforting them, feel bad that very selfish and that behavior had upset partner.

#### 6. Over Dependent Partner and Independent Controller

One method of toxic control was to be very passive that want all decisions to be taken by partner. All decisions without exception need to be taken by you therefore that responsible for evertrhing. Passivity is a very powerful way to control. If in a relationship with an over-dependent partner, may experience fatigue and anxiety as constantly worried about making a wrong decision. Become emotionally drained, as have to make all the decisions in relationship. Such individuals disguise their toxic behavior by asserting their independence. They rarely keep their commitments and control you by keeping you in the dark about what they may do.

#### 7. User's and Possesive Nature

When start a relationship with a user seem completely nice and courteous individuals. As long as they get what they want, continue to

remain this way. In such a relationship, always made to feel that you have not done enough for them. As you were constantly trying to do more, you were drained of all energy. If you are in a relationship with an individual who was possessive, then that is definitely bad news. These individuals were not just jealous, but also too controlling. Become more and more suspicious with the passage of time and may start interrogating for everything do, this can make life miserable life.

### **G. Effects of Toxic Relationship**

There are 7 effects of toxic relationships in (Lee, 2017: 13-15) as follows:

#### **1. Feeling Angry, Sad and Down**

If a relationship stop bringing joy, instead of consistently made you felt angry, sad and down it might be a toxic person. No matter what he or she say or do, a toxic partner will always said and did things that made he or she feel bad about themselves. A toxic person would always constantly put you, your actions and feelings down. Each time he or she said no to anything that toxic partner want he or she to do they made you feel guilty. A lot of times they made comments that may not attack directly but were specifically said to make you feel bad. They always come up with ways to make feel ashamed, guilty, hurt and resentful, may be there fore stressed that just they just the thought of interacting with them may make feel angry and may start avoiding them.

## 2. Constant State of Need

All of us are perfectly capable of taking care of our individual needs. If a family member has a constant state of need and wants to take care of all needs, it can lead to a situation where you lose individuality. When forced to treat an adult like a child and take care of all their problems, it is a sign that you are dealing with a toxic family member who does not want to take any responsibility.

## 3. Feeling Drained

When you are around your loved ones, you feel happy and energetic. They make you feel great about yourself. But when you are with toxic family members, you may feel drained and exhausted. Your energy level was down and you do not feel like doing anything.

## 4. Feel Numb and Sad

Feel alive and happy when around people you love. If you feel sad and numb and just go through the motions when you are with a family member, it was an indication that you are obligated to do without feeling happy. It was usually a sign that the family member around was controlling. Shut down emotions and do things so that you do not upset anyone.

## 5. Unable to Express Yourself

When unable to express thoughts and feelings freely to a family member, partner or co-worker because you have to be careful about what you can say, it was a sign of a toxic relationship. Everyone was free to express themselves and express their feelings on something whether when they

were happy or sad but when people were unable to express their thoughts and feelings freely to partner or family member because they have to be careful about what they could say to the others, it was a sign that people were in a toxic relationship and that would have a bad impact on that person. It was as if walking on eggshells and need to be careful about each word be spoken.

#### 6. They Control the Relationship

Controller was a manipulators who were skilled at making their partner emotions work. It was not uncommon for a controlled partner to feel trapped in a relationship. All relationship need to be built on mutual respect and love. Relationship that are on equal footing tend to thrive and were successful. When on person control all aspects of the relationship, it was an unhealthy one and doomed to fail. Decide what need to do, say and whom can interact. When one person has the upper hand all the time, start feeling resentful.

#### 7. Feeling Completely Different Around Them

When feel that just can not be yourself when around a family member and need to curtail your normal behavior, it was a sign of an unhealthy relationship. Behave completely different when around them. If the toxic behavior of a family members becomes physical, it needs to be addressed immediately. Although it was hard need to take action against such behavior as it can be dangerous if left unchecked. Most people who suffer from a toxic relationship find it hard to maintain a normal

relationship. As their self-esteem was already low afraid of committing to a healthy relationship.





## **CHAPTER III METHODOLOGY**

In a research, a method was essential to gain a valid significance. This chapter focuses on discuss about type of the research, source of the data, method of colleting data and method of data analysis.

### **A. Type of The Research**

The type of research that used in this research is descriptive qualitative research. Qualitative research approach is a research prosses and perspective base on the method that analyze a social phenomenon and human's problem (Blaxter, 1996: 89). In this research, the writer will make a complete depiction, analyze the words, and give the detail explanation about the analyzed data support the information.

### **B. Source of The Data**

The research analyzed the Toxic Relationship in movie script of *Enough* which has 120 pages. *Enough* was a 2002 United States with the Genre-Thriller-action movie produced by Rob Cowan. It was directed by Michael Apted and written by Nicholas Kazan and release in United States on May 24, 2002. Based on a novel published in 1998 entitled *Black and Blue*, by Anna Quindlen, which had become a New York Times best-selling novel.

### **C. Method of Colleting Data**

The procedures used in collection data was document studies because the research focused on the analysis or interpretation of written material based

on the context. Documentary technique means the data was found by reading, studying and analyzing by classification and identification to collect the data that related to the study (Setiawanti, 2018: 760). In this research, the writer looking and reading the script of *Enough* movie to get the information about toxic relationship barcher used on Morgan Lee theory.

In collecting the data, the writer used document studies of collecting data by following steps:

1. Reading the movie script of *Enough*.
2. Identifying words in utterances that include and quote that contained types of toxic relationships and effects of toxic relationships, based on Morgan Lee theory from the *Enough* movie script.
3. Underline the sentence that contained toxic relationship in the utterance based on Morgan Lee theory from the movie script of *Enough*.
4. Drawing and finding conclusion.

#### **D. Method of Data Analysis**

According to (Abubakar, 2021: 121 ) data analysis was an activity carried out by writers after the data had been collected and then processed to find the conclusions. After the data had been collecting, the following step was distinguishing the types of Toxic Relationship and effects of toxic relationship based on Morgan Lee theory and the final step was concluding the results of the data analysis and formulate suggestion for further writer.

## CHAPTER IV FINDING AND DISCUSSION

In this chapter, the writer focused on deciphered the finding and the discussion. The writer displayed the data based on the types and the effects of toxic relationship that had found in *Enough* movie script using Morgan Lee theory. The data of this research were partitioned into sentence agreeing to the types and the effect of toxic relationship that had been found by the writer.

### A. Findings

#### 1. Types of Toxic Relationship in *Enough* Movie Script

##### a. Controller

One of the most obvious signs of a toxic relationship was when your partner was always controlling. It was as if they were trying to control your every move. Controlling does not have to be physically violent or threatening. Controller was a manipulators who were skilled at making their partner emotions work. You may be so frightened that you may be afraid to freely share your views and opinions about anything. You were afraid of your partner's emotional reaction, as you know that you say may be ignored or overruled. The data showed in table below based on types of toxic relationship type controller.

**Table 1. Controller**

No.	Types of Controller
1.	<b>Data 1:</b> <b>MITCH</b> “You want to fight? I'm a man honey; it's no contest.” She's silent,

	<p>but we see (very small) her reaction: Oh yeah?? <b>MITCH {CONT.}</b>“<b>You have to understand, Slim. I thought you did: I make the money here, so I set the rules, right? It's my rules</b>” he waits for her response, but again she’s silent. (<i>Kazan, 2016: 24</i>)</p>
2.	<p><b>Data 2:</b> <b>MITCH</b> “If you don't "like" them?! She nods cautiously. “<b>Come on. Life isn't onl stuff we like. We take the good with the bad, right? That's what life is, what marriage is. So maybe, for you, today is a bad day. Tomorrow may be great</b>” (<i>Kazan, 2016: 24</i>)</p>
3.	<p><b>Data 3:</b> <b>MITCH</b> “Who you calling?” <b>SLIM</b> Your mother. <b>MITCH</b> “What're you gonna tell her?” <b>SLIM</b> I'm supposed to bring Gracie tomorrow. Maybe I better cancel. (<i>Kazan, 2016: 26</i>)</p>
4.	<p><b>Data 4:</b> <b>MITCH</b> “I was thinking. You...you know that I adore you, but if you ever want.. if you want out....” For a second he can't talk. He's choked up. She watches coldly. His emotion appears real, but who cares? <b>MITCH {CONT.}</b> “I'll understand. I really will, But there's one thing: <b>you can't have Gracie. She's my daughter. Don't even think about taking her</b>” Slim stares at him. He adds calmly. “<b>If I see that thought even cross your mind, I'll kill you</b>” There. He's said what he needs to. He walks toward his car. She shuts the window. Stares after him. In an odd and defiant way, she starts to whistle loudly to herself. (<i>Kazan, 2016: 26</i>)</p>
5.	<p><b>Data 5:</b> <b>MITCH'S VOICE</b> “<b>Tell her to call her friends</b>” Joe hangs up. Slim comes back out. (<i>Kazan, 2016: 44</i>)</p>

Based on the table above, there were 5 data that showed the toxic relationship type of controller. Below was the data that the writer described more clearly.

### Data 1

Based on the sentence above in table 1, **You have to understand, Slim. I thought you did: I make the money here, so I set the rules, right? It's my rules.** From the sentence showed that it was a toxic relationship type controller. Mitch control Slim movement which Slim could not do anything because Mitch made a rules in their house therefore Slim had to followed Mitch's rules.

### Data 2

Based on the sentence above in table 1, data 2 showed toxic relationship type controller found in the sentence **Come on. Life isn't only stuff we like. We take the good with the bad, right? That's what life is, what marriage is. So maybe, for you, today is a bad day. Tomorrow may be great.** The sentence showed that Mitch control Slim that Slim really had to follow the rules that made by Mitch and she could not refuse. He also manipulating Slim with his word that they life would get better in the future.

### Data 3

Based on the sentence above in table 1, on data 3 there were sentence that reflected the types of toxic relationship type controller which sentence **Who you calling?** and **What're you gonna tell her?.** The sentence showed how Mitch control Slim movement even when she just wanted to call somebody he had to know the person that she wanted call and what was the purpose when she called somebody.

**Data 4**

Based on the sentence above in table 1, on data 4, there were sentence that showed types of toxic relationship type controller which sentence **you can't have Gracie. She's my daughter. Don't even think about taking her. If I see that thought even cross your mind, I'll kill you.** The sentence showed that Mitch control Slim movement therefore Slim that she could not do or saying anything beside following Mitch order. Slim could leave Mitch but she could not take their daughter Gracie with her because Mitch would killed her if she does that.

**Data 5**

Based on the sentence above in table 1, in this data there were the sentence **Tell her to call her friends** which indicate the types of toxic relationship type controller. Mitch told Joe that Slim had to call her friend Ginny. After hear that Slim directly call Ginny because she had a bad feeling that Ginny possibly in dangerous.

**b. Belitter**

In this type the toxic individual always belittles you by making fun of everything you did. Anything that you said and did was stupid and silly. They would not hesitate to belittle you in front of family, friends and in public. The problem was that it was not a joke and they were not kidding. They wanted to have complete decion making power and if you tolerate such behavior long enough, you lose your self-esteem.

Table 2. Belitter

No.	Types of Belitter
1.	<p><b>Data 6:</b>  <b>MITCH</b>            (INCREDULOUS) “You're alone?”  <b>SLIM'S VOICE</b>            “Why not?”  <b>MITCH</b>            “<b>Cause it'd be stupid</b>” Silence is her answer. (<i>Kazan, 2016: 107</i>)</p>
2.	<p><b>Data 7:</b>  <b>SLIM</b>            “This is what you wanted, right? What you were going to San Francisco for: the chance to get me alone?”  <b>MITCH (CONT.)</b>            ....“But say you succeed - beat me up or whatever. You're not going to murder me...” Her expression remains neutral, focused. He takes this to be agreement. “<b>So all you've done is further piss me off</b>”. (<i>Kazan, 2016: 109</i>)</p>
3.	<p><b>Data 8:</b>  <b>SLIM</b>            “Self defense is not ,murder” This stops him cold. He lowers his hands a moment. Stares at her...  <b>MITCH</b>            “<b>You don't have the guts</b>” She just looks at him. (<i>Kazan, 2016: 109</i>)</p>
4.	<p><b>Data 9:</b>  <b>MITCH</b>            “<b>You really (think) ...you think you'll kill me and get away with it?</b>”  <b>SLIM</b>            “I told you. Self-defense. I came here, as arranged in our letters, to talk about Gracie”. (<i>Kazan, 2016: 110</i>)</p>
5.	<p><b>Data 10:</b>  <b>MITCH</b>            ....He punches again and again, wildly. She remains untouched. He stops. With all the blood, he looks like a wild animal. He makes a great effort to pull himself together... “<b>This doesn't bother me, Slim. I don't care how long it takes. We both know: I only have to hit you once. Once, and it's over</b>” She laughs at him. This is the last thing he expected and the last thing he can stand. (<i>Kazan, 2016: 111</i>)</p>

From the table above there were 5 data of toxic relationship type belitter. Below the analysis of the data from the table above.

#### **Data 6**

Based on the sentence above in table 2, data 6 reflected one of the toxic relationship type belitter were the sentence **Cause it'd be stupid**. The sentence showed that Mitch belittles Slim by making fun of what Slim did. Slim came to Mitch's house by herself and Mitch thought that Slim's actions was the stupid thing because she met him alone therefore that makes this sentence include types of toxic relationship type belitter.

#### **Data 7**

Based on the sentence above in table 2, data 7 showed the types of the toxic relationship type belitter found in the sentence **So all you've done is further piss me off** in this sentence Mitch thought that Slim's efforts to come up to met him just made him feel annoying and what she was done just useless therefore that makes this sentence include types of toxic relationship type belitter.

#### **Data 8**

Based on the sentence above in table 2, in this data there were sentence that showed the types of the toxic relationship type belitter. The sentence were **You don't have the guts**. From the sentence showed that Mitch belittles Slim that she did not have the guts to fight him and also to kill him and that makes this sentence include types of toxic relationship type belitter.



### Data 9

Based on the sentence above in table 2, data 9 showed that there were sentence that reflected one of the toxic relationship type belitter found in the sentence **You really (think) ...you think you'll kill me and get away with it?**. The sentence showed that Mitch belittles Slim. Slim had already explain the reason why she was came to Mitch house but he always though that she went to killed him and she could not do that and that makes this sentence include types of toxic relationship type belitter.

### Data 10

Based on the sentence above in table 2, in this data there were sentence that reflected the types of the toxic relationship type belitter which sentence **This doesn't bother me, Slim. I don't care how long it takes. We both know: I only have to hit you once. Once, and it's over.** The dialogue showed that Mitch belittles Slim that he just have to hit her once and that was over. Mitch though that Slim was not his opponent because she was a woman and tiny which he was a man, tall and strong.

### c. Deflector and Overreactor

If you have ever tried telling your partner that you were hurt and unhappy about what they said and did but find yourself taking care of their unhappiness and hurt, you may be dealing with a toxic overreactor. In this type your partner would not care when you sad, disappointed and angry for the mistake that they did to you. Instead of getting comfort you were always comforting them. You feel bad that you were very selfish and that your behavior had upset your partner.

Table 3. Deflector and Overreactor

No.	Types of Deflector and Overreactor
1.	<p><b>Data 11:</b>  <b>SLIM</b>            “Darcelle paged you. That' s where you're going, right?” (off his silence) <b>“Yeah. Wow. Mitch? Can you please? Can you sit here with me?”</b> He does. She doesn't know where to start, how to talk about it... (<i>Kazan, 2016: 21</i>)</p>
2.	<p><b>Data 12:</b>  <b>SLIM</b>  <b>“Mitch?, I can't... I couldn't stand for this to... (destroy our lives) I'm happy, I've really been happy, and I don't want to - (give that up)”</b> (<i>Kazan, 2016: 21</i>)</p>
3.	<p><b>Data 13:</b>  <b>SLIM</b>  <b>“I can't do this anymore! I can't! Just take it, and take it, and take it!? I'm not strong enough! I don't know who would be. I love you, okay? I love you and I'm your wife and you can't do this! You understand me?!!! No more! No more!”</b> (<i>Kazan, 2016: 23</i>)</p>
4.	<p><b>Data 14:</b>  <b>SLIM</b>  <b>“Tomorrow may be great”</b>  <b>MITCH</b>  <b>“That's right”</b>  <b>SLIM</b>  <b>“Tomorrow will be great”</b> (<i>Kazan, 2016: 24</i>)</p>
5.	<p><b>Data 15:</b>  <b>MITCH</b>            (embarrassed to say it) “Slim. I'm a determined person. I was determined to have you, and I did. This house...the company...I am, and always will be, a person who gets what he wants. You can either share in my success or leave us (meaning him and Gracie) right now. Which way you wanna go?”  <b>SLIM</b>  <b>I want to be happy.</b>  <b>MITCH</b>            Good. (<i>Kazan, 2016: 31</i>)</p>

From the table above there were 5 data of toxic relationship type deflector and overreactor. Below was the analysis of the data from the table above.

#### **Data 11**

Based on the sentence above in table 3, data 11 showed that there were sentence that reflected one of the toxic relationship type deflector and overreactor found in the sentence **Yeah. Wow. Mitch? Can you please? Can you sit here with me.** The sentence showed that Slim was very saddened by fact that Mitch cheating on her and the reason he took a shower because he wanted to met his mistress Darcelle. Mitch had been overreacting to Slim but Slim still keep calm and told mitch to sit with here talk but Mitch said that Slim more important than Darcelle and Slim nods meant she was agreed with Mitch and forgive Mitch.

#### **Data 12**

Based on the sentence above in table 3, data 12 reflected one of the toxic relationship type deflector and overreactor were the sentence **Mitch?, I can't... I couldn't stand for this to... (destroy our lives) I'm happy, I've really been happy, and I don't want to - (give that up).** The sentence showed that it was type of deflector where Mitch was overreacting and Slim could not take anymore with Mitch's behaviour that constantly hurt her feeling but Slim kept Mitch's feelings in order to maintain their relationship and also Slim loved Mitch very much

therefore the sentence include in toxic relationship type deflector and overreactor .

### **Data 13**

Based on the sentence above in table 3, on data 13, there were sentence that showed types of toxic relationship type deflector and overreactor which sentence **I can't do this anymore! I can't! Just take it, and take it, and take it!? I'm not strong enough! I don't know who would be. I love you, okay? I love you and I'm your wife and you can't do this! You understand me?!?! No more! No more!**. The sentence showed that Slim telling Mitch that she was hurt and unhappy of what Mitch had done to her and she could not pretend that she was okay anymore also Slim remind him that she was his wife and she love him therefore he could not cheating on her anymore. Instead of getting comfort, Mitch actually overreacted by slapping Slim on face.

### **Data 14**

Based on the sentence above in table 3, data 14 showed that there were sentence that reflected one of the toxic relationship type deflector and overreactor found in the sentence **Tomorrow will be great**. The sentence showed how Slim careful about what she could say and she shut down her emotions trying to protect herself from getting hurt and do things therefore that she did not upset anyone. Instead of getting comfort, Slim actually comforting Mitch and he was not feel guilty of what he did.

### **Data 15**

Based on the sentence above in table 3, data 15 showed that there were sentence that reflected one of the toxic relationship type deflector and overreactor found in the sentence **I want to be happy**. The sentence showed that Slim was very saddened about Mitch behaviour that always cheating on her but she was loved Mitch very much and she wanted to be happy with her husband and daughter Gracie. From the sentence reflected the characteristic of deflector and overreactor where Mitch so overreactor and Slim still keep Mitch feeling.

#### d. User's and Possesive Nature

When you start a relationship with a user they seem completely nice and courteous individuals. As long as they get what they wanted, they continue to remain this way. In such a relationship, you were always made to feel that you have not done enough for them. As you were constantly trying to do more, you were drained of all energy. If you were in a relationship with an individual who was possessive, then that was definitely bad news. These individuals were not just jealous, but also too controlling.

**Table 4. User'd and Possesive Nature**

No.	Types of User'd and Possesive Nature
1.	<p><b>Data 16:</b>  <b>MITCH</b>            “You won't have to. Believe me. She's nothing, she's no-one –”  <b>SLIM</b>            “You... Damn it! You said I was safe with you!”  <b>MITCH</b>            “You are, Slim. You are. I promise” They fall into an embrace.            We feel how keenly they need each other. (<i>Kazan, 2016: 22</i>)</p>

2.	<p><b>Data 17:</b>  <b>MITCH {CONT.}</b>          “This is gonna be better, don't you think?” She just cannot process the absurdity of this statement. <b>“I don't have to sneak around, pretend I'm going to work. I can just say: 'I'm going to Darcelle's, I'll be back in a few hours.'”</b> Her face is completely blank. He bends down, give her kiss on the head. (<i>Kazan, 2016: 25</i>)</p>
3.	<p><b>Data 18:</b>  <b>MITCH'S VOICE (FOR DARCELLE)</b>          How is my little croissant?  <b>SLIM</b>          It's your loaf of bread.  <b>MITCH'S VOICE</b>          (cheerful, no guilt) <b>“Oh. Hi. How's it going?”</b> (<i>Kazan, 2016: 30</i>)</p>
4.	<p><b>Data 19:</b>  <b>MITCH</b>          (embarrassed to say it) <b>“Slim. I'm a determined person. I was determined to have you, and I did. This house...the company...I am, and always will be, a person who gets what he wants. You can either share in my success or leave us (meaning him and Gracie) right now. Which way you wanna go?”</b> Beat. (<i>Kazan, 2016: 31</i>)</p>

From the table above there were 4 data of toxic relationship type user'd and possessive nature. Below was the analysis of the data from the table above.

#### **Data 16**

Based on the sentence above in table 4, on data 16, there were 2 sentences that showed the types of toxic relationship type user'd and possessive nature they were **You won't have to. Believe me. She's nothing, she's no-one** and **You are, Slim. You are. I promise.** From the sentence it showed that Mitch dialogue was included user's type of toxic

relationship. Mitch manipulate Slim for the first time they met just to get what Mitch wanted which to married her and had a child.

#### **Data 17**

Based on the sentence above in table 4, data 17 showed that there were sentence that reflected one of the toxic relationship type user'd and possessive nature found in the sentence **I don't have to sneak around, pretend I'm going to work. I can just say: "I'm going to Darcelle's, I'll be back in a few hours.** The sentence showed that it was type of user's and possessive nature which Mitch told Slim that he could do whatever he wanted which he did not have to worried about Slim reaction if he wanted to met his mistress Darcelle and that sentence showed that he was really controlling.

#### **Data 18**

Based on the sentence above in table 4, data 18 reflected one of the toxic relationship type user'd and possessive nature were the sentence **Oh. Hi. How's it going.** From Mitch dialogue showed that it was type of user's where Mitch felt like nothing happened after assuming Slim as Darcelle and kept talking normal on the phone.

#### **Data 19**

Based on the sentence above in table 4, data 19 showed that there were sentence that reflected one of the toxic relationship type user'd and possessive nature found in the sentence **Slim. I'm a determined person. I was determined to have you, and I did. This house...the company...I am, and always will be, a person who gets what he wants. You can**

**either share in my success or leave us (meaning him and Gracie) right now. Which way you wanna go.** The sentence showed that it was type of user's and possessive nature which Mitch explain to Slim that he was a determined person and also he always got what he wanted inculded married her, the house, their daughter Gracie and he could did what he wanted which was cheat on her showed that he was really controlling Slim.

Based on the explanation above, The writer concluded that there were only 4 types of toxic relationship that found in *Enough* movie script namely controller, belitter, deflector and overreactor and the last type was user's and possessive nature. In conclusion, there were 19 total of data types of toxic relationship that found in *Enough* movie script divided into controller followed with 5 data, belitter with 5 data, deflector and overreactor followed with 5 data and the last one was user's and possessive nature followed with 4 data. In *Enough* movie script there were three types of toxic relationship that were most dominant namely controller with 5 data, belitter with 5 data and deflector and overreactor followed with 5 data.

## **2. The Effect of Toxic Relationship in *Enough* Movie Script**

### **a. Feeling Angry, Sad and Down**

#### **Data 20**

MITCH: "You won't have to. Believe me. She's nothing, she's no-one"



SLIM: **“You... Damn it! You said I was safe with you!”** (*Kazan, 2016: 22*)

From the dialogue above it showed that Slim was angry and disappointed with her husband Mitch where Mitch had a promised that Slim would live safely with him but Mitch broke that promise which made Slim angry, sad and down.

#### **Data 21**

SLIM: “I smell her.”

MITCH: “What?”

SLIM: **“Her perfume. Darcelle or whoever. (intense, sad) How many, Mitch? How many are there? How many have there been?”** (*Kazan, 2016: 22*)

From the dialogue on data 21 showed that Slim was feel sad of Mitch’s behaviour who always cheating on her and it was not the first time she found out of what Mitch did but the scound time therefore made Slim very sad and down of her husband’s behaviour.

#### **Data 22**

SLIM: **“No! No! No!”**

MITCH: “Calm down, Slim” - Wild, violently invading his space and assaulting his authority, screaming at him, her face just inches from his. (*Kazan, 2016: 23*)

The dialogue on data 22 showed where Slim shouting angrily at her husband Mitch. Slim could no longer stand of Mitch’s attitude where he felt innocent of his actions which made Slim angry, sad and down.

#### **Data 23**

SLIM: Screaming at him, her face just inches from his **“I can't do this anymore! I can't! Just take it, and take it, and take it!? I'm not strong enough! I don't know who would be. I love you, okay? I love you and I'm your wife and you can't do this!”**

**You understand me?!!! No more! No more!”** (*Kazan, 2016: 23*)

From the dialogue above it showed that Slim was feel angry and sad of Mitch’s behaviour who always cheating on her and she could not pretend to be okay anymore and be patient with her husband’s behaviour so far therefore made Slim very sad and down of her husband’s behaviour.

#### **b. Feel Numb and Sad**

##### **Data 24**

SLIM: “And if I don't like the rules??”

MITCH: “If you don't "like" them?! She nods cautiously. Come on. Life isn't only stuff we like. We take the good with the bad, right? That's what life is, what marriage is. So maybe, for you, today is a bad day. Tomorrow may be great.”

SLIM: “**Tomorrow may be great.**” (*Kazan, 2016: 24*)

The dialogue above showed that Slim felt numb and sad which she shut down her emotions and be careful about each word that she was speak therefore that she did not upset anyone.

##### **Data 25**

MITCH: (embarrassed to say it) “Slim. I'm a determined person. I was determined to have you, and I did. This house...the company...I am, and always will be, a person who gets what he wants. You can either share in my success or leave us (meaning him and Gracie) right now. Which way you wanna go?”

SLIM: “**I want to be happy.**”

MITCH: Good. (*Kazan, 2016: 31*)

The dialogue on data 25 showed that Slim felt numb and sad which she had to be careful about the word that she was speak so that she did not upset her husband Mitch and she had to shut down her emotions too.

#### **c. Unable to Express Yourself**

##### **Data 26**

SLIM: “And if I don't like the rules??”

MITCH: “If you don't "like" them?! She nods cautiously. Come on. Life isn't only stuff we like. We take the good with the bad, right? That's what life is, what marriage is. So maybe, for you, today is a bad day. Tomorrow may be great.”

SLIM: “**Tomorrow may be great.**” (*Kazan, 2016: 24*)

The dialogue above showed where Slim feel sad which she could not express herself and feeling. She was feel sad by Mitch words which she had no choice and did not know what to do besides to following what her husband wanted as if she was walking on eggshells and need to be careful about each word that she was speak.

#### **Data 27**

MITCH: (embarrassed to say it) “Slim. I'm a determined person. I was determined to have you, and I did. This house...the company...I am, and always will be, a person who gets what he wants. You can either share in my success or leave us (meaning him and Gracie) right now. Which way you wanna go?”

SLIM: “**I want to be happy.**”

MITCH: “Good.” (*Kazan, 2016: 31*)

From the dialogue above it showed that how slim unable to express herself and feeling after listened to her husband words. She also needed to be careful about the word that she would speak also she had to shut down her emotions too as if she was walking on eggshells.

#### **d. They Control the Relationship**

##### **Data 28**

MITCH: “**If you don't "like" them?! She nods cautiously. Come on. Life isn't only stuff we like. We take the good with the bad, right? That's what life is, what marriage is. So maybe, for you, today is a bad day. Tomorrow may be great.**” (*Kazan, 2016: 24*)

From the dialogue above it showed that Mitch was the person who took a control of their relationship. Mitch controls their relationship by

doing whatever he wanted and made the rules without asking Slim's approval and also he was manipulating Slim by his words to following his rules. It showed that he created an imbalance of power, and took advantage of Slim to gain power and control.

**Data 29**

MITCH: "What does it matter?" A stunning statement. Even more stunning because of the casual way he says it. **"I'm a man, Slim. With the pregnancies, Gracie, you don't have time and energy like you used to, and I understand that, I really do. Men and women have different needs, and that's okay. Darcelle is willing to take care of it, and maybe that's better for everybody."** (Kazan, 2016: 23)

The dialogue above showed that Mitch was the person who was controlling the relationship. When Slim found out that he was cheating on her, he act like nothings happened and did not feel guilty of what he did. He was manipulate Slim by his words to get what he wanted. He also created an imbalance of power, therefore he got power to control Slim.

**Data 30**

MITCH: "I'm going out." She says nothing. "This is gonna be better, don't you think?" She just cannot process the absurdity of this statement. **"I don't have to sneak around, pretend I'm going to work. I can just say: I'm going to Darcelle's, I'll be back in a few hours."** (Kazan, 2016: 25)

The data above showed that in Mitch and Slim's relationship, Mitch was the person who took a control of their relationship. He was free to do whatever he wanted which he could going around with Darcelle without asking Slim's approval. It showed that he created an imbalance of power, and took advantage of Slim to gain power and control.

**Data 31**

MITCH: (NODS) “I was thinking. You...you know that I adore you, but if you ever want...if you want out...” For a second he can't talk. He's choked up. She watches coldly. His emotion appears real, but who cares?. **“I'll understand. I really will. But there's one thing: you can't have Gracie. She's my daughter. Don't even think about taking her.”** (Kazan, 2016: 26)

The dialogue above showed that Mitch was the person who controlling the relationship. Mitch had a power to control Slim which he did not gave Slim choice where he let her go if she want to leaving the house but she could not took her daughter Gracie with her. It showed that he created an imbalance of power, and took advantage of Slim to gain power and control.

From the explanation above there were only 4 of 7 effects of toxic relationship in *Enough* movie script that found by writer they were feeling angry, sad and down followed with 4 data, feel numb and sad with 2 data, unable to express yourself with 2 data and last effect was they control the relationship followed with 4 data. In conclusion, the researcher concluded that there were 12 total data of effects of toxic relationship in *Enough* movie script and the most dominant effect of toxic relationship in *Enough* movie script were feeling angry, sad and down followed with 4 data and they control the relationship followed with 4 data.

**B. Discussion**

In this section all the data are discussed. They were about the types and the effect of toxic relationship using theory by Morgan Lee about toxic

relationship.

## 1. Types of Toxic Relationship in *Enough* Movie Script

### a. Controller

One of the most obvious signs of a toxic relationship was when your partner was always controlling. Controller where the one partner was more dominant and more selfish in the relationship. Controlling does not have to be physically violent or threatening. In toxic relationship your partner would control you whatever you did and said. If the partner was too controlling, he or she would not gave you a choice to do or said whatever you wanted besides to following what they wanted. It was not uncommon for a controlled partner to feel trapped in a relationship not out of fear that they would be hurt themselves, but perhaps in danger of losing their home, access to their children or financial support if they left a controlling partner. Controller was a manipulators who were skilled at making their partner emotions work. They would always put you on a leash and trying to control your every move. There were 5 data that could be seen in table 1. Controller.

### b. Belittler

In this type of toxic relationship the toxic individual would always belittles you by making fun of everything you did or said. Anything that you said and did was stupid and silly. They wanted to have complete desicion making power and if you tolerated such behavior long enough, you loose your self-esteem. They were trying to make themselves felt

more powerful or important by putting the partner felt down. There were 5 data that could be seen in table 2. Belitter.

**c. Deflector and Overreactor**

If you had ever tried telling your partner that you were hurt and unhappy about what they said and did but find yourself taking care of their unhappiness and hurt, you might be dealing with a toxic overreactor. Instead of getting comfort you were always comforting them. In this type your partner would not care when you sad, disappointed and angry for the mistake that they did to you. There were 5 data that could be seen in table 3. deflector and overreactor.

**d. User's and Possesive Nature**

When you started a relationship with a user they seen completely nice and courteous individuals. In other words they were not true to whom they were like manipulating and hiding their real characteristic as long as they got what they wanted, they continued to remain this way. In such a relationship, you were always made to feel that you had not done enough for them. As you were constantly trying to do more, you were drained of all energy. If you were in a relationship with an individual who was possessive, then that was definitely bad news. These individuals were not just jealous, but also too controlling. There were 4 data that could be seen in table. 4 user's and possesive nature.

According to Morgan Lee (2017: 9-13) theory, there were 7 types of toxic relationship namely (1) controller, (2) belitter, (3) bad temper,

(4) guilt inducer, (5) deflector and overreactor, (6) over dependent partner and independent controller and (7) user's and possessive nature. In *Enough* movie script there only 4 types of toxic relationship that found by the writer they were controller, belitter, deflector and overreactor and the last type was user's and possessive nature and there were three the most dominant types of toxic relationship in *Enough* movie script namely (1) controller, (2) belitter and (3) deflector and overreactor.

## **2. The Effect of Toxic Relationship in *Enough* Movie Script**

### **a. Feeling Angry, Sad and Down**

Based on data 20 to 23 could be seen as the effect of feeling angry, sad and down. If a relationship stop bringing joy, instead of consistency made you felt angry, sad and down it might be a toxic person. A toxic person would always constantly put you, your actions and feelings down. Eventually you might start putting yourself down. When a partner was constantly cheating, manipulating and lies without even trying to change their behaviour, it adds a toxic element to the relationship.

A lot of times they made comments that might not attack you directly but were specifically said to make you felt bad. They always came up with ways to make you felt ashamed, guilty, hurt and resentful. You might be so stressed that they just the thought of interacting with them might make you felt angry and you might start avoiding them. When your partner repeatedly and intentionally hurt you, their behaviour could be considered abusive. Being treated poorly led to a poor relationship with yourself.



**b. Feel Numb and Sad**

Based on data 24 to 25, they could be seen as the effect of feel numb and sad. People would feel alive and happy when they were around people that they love but when people were with toxic partner they would feel numb and sad and sometimes it was hurt to express what they feel when they with toxic one. It felt like they shut down their emotions trying to protect herself from getting hurt and did things therefore that they did not upset anyone.

**c. Unable to Express Yourself**

Based on data 26 to 27, they could be seen as the effect of unable to express yourself. Everyone was free to express themselves and express their feeling on something whether when they were happy or sad but when people were unable to express their thoughts and feelings freely to partner or family member because they have to be careful about what they could say to the others, it was a sign that people were in a toxic relationship and that would have a bad impact on that person. A person who truly loves you would never put you on a leash. It was like walking on eggshells. You may be so frightened that you may be afraid to freely share your views and opinions about anything. You were afraid of your partner's emotional reaction, as you know that what you say may be ignored or overruled.

#### **d. They Control the Relationship**

Based on data 28 to 31, they could be seen as the effect of they control the relationship. All relationship need to be built on mutual respect and love. In relationship when on person control all aspects of the relationship, it was an unhealthy one and doomed to fail. If the partner was too controlling they would not give you a choice to did or said whatever you wanted besides to following what they wanted. Controller was a manipulators who were skilled at making their partner emotions work. It was not uncommon for a controlled partner to feel trapped in a relationship not out of fear that they would be hurt themselves, but perhaps in danger of losing their home, access to their children or financial support if they leave a controlling partner. They would always put you on a leash and you would start feeling resentful.

Based on the explanation above, there were 4 of 7 effects of toxic relationship in *Enough* movie script that found by the writer namely feeling angry, sad and down followed with 4 data, feel numb and sad with 2 data, unable to express yourself with 2 data and the last effect was they controlling the relationship followed with 4 data. The effect that not found by the researcher were constant state of need, feeling drained and feeling completely different around them. The most dominant effect of toxic relationship in *Enough* movie script were feeling angry, sad and down followed with 4 data and they control the relationship followed with 4 data.

## **CHAPTER V**

### **CONCLUSION AND SUGESSTION**

#### **A. CONCLUSION**

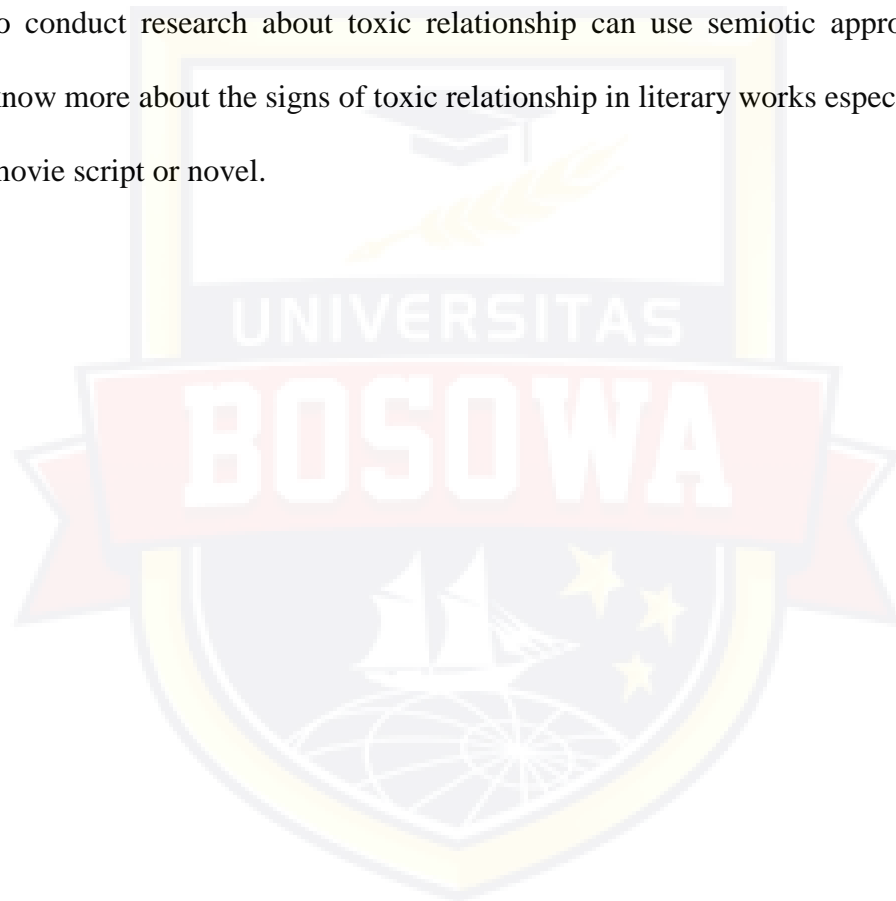
This part is needed as an understanding of the result of this research. After analyzing and describing the type and the effect of the toxic relationship in *Enough* movie script based on Morgan Lee theory the writer concluded that there were 4 types of toxic relationship in *Enough* movie. According to Morgan Lee theory, there were 7 types of toxic relationship namely controller, belitter, bad temper, guilt inducer, deflector and overrector, over dependent partner and independent controller and the last type was user's and possessive nature. In *Enough* movie script there only 4 types of toxic relationship that found by the writer they were controller, belitter, deflector and overreactor and the last type was user's and possessive nature.

The effect of toxic relationship in *Enough* movie script there were 4 that found by the researcher namely feeling angry, sad and down, feel numb and sad, unable to express yourself and the last effect was they controlling the relationship. According to Morgan Lee, there were 7 effect of toxic relationship but in *Enough* movie script there were only 4 effect that found. The effect that not found by the writer were constant state of need, feeling drained and feeling completely different around them.

#### **B. SUGESSTION**

The writer suggests for the futher writer who want to conduct research about toxic relationship that there were many type of toxic relationship in

human life which is in family, friendship and workplace. Toxic relationship was an interesting topic because understanding the toxic behaviors in relationships that can lead people into toxic relationships and can help people to avoid toxic partner. Futhermore, the writer expected that this research could be taken as the benefit and the refference for the futher writer who want to conduct research about toxic relationship can use semiotic approach to know more about the signs of toxic relationship in literary works especially in movie script or novel.



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**APPENDIX**

## APPENDIX I

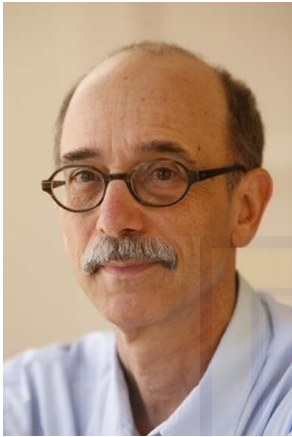
### Synopsis Of *Enough* Movie Script



Enough is a movie United States produced 2002 written by Nicholas Khazan. Based on a scenario written by Nicholas Khazan, adapted from a novel published in 1998 entitled *Black and Blue* by Anna Quindlen, which had become the *New York Times*. Tells about Slim a barista whose life changes after married a rich contractor named Mitch, the happy home life suddenly changed one day Slim find out that her husband is having an affair and received harsh treatment from Mitch. Slim then fled with her daughter Gracie, who was only five years old. Unfortunately wherever Slim run away, Mitch can always track him down and find him. Mitch want to take her daughter from Slim, but Slim can always be free from her husband. Slim also attempts to seek legal assistance but the lawyer say Slim will never succeed against Mitch. Slim that gets martial arts training from a martial arts instructor and uses his skills to fight Mitch. Slim came to her husband house and Slim challenged her husband to fight and Mitch died.

## APPENDIX II

### Biography of The Author



Nicholas Kazan was a Greek-American screenwriter, film producer and director, known for *Fallen* (1998), *Reversal of Fortune* (1990) and *The Whole Truth* (2016). He was born on September 15, 1945 in New York. He has two daughters named Zoe Kazan and Maya Kazan and his wife was a screenwriter named Robin Swicord. Kazan was nominated for the Academy Award for the best adapted screenplay and Golden Globe Award for best Screenplay for his work on *Reversal On Fortune*. Kazan has so many works. One of his works was *ENOUGH* (2002).

### **Autobiography of The Writer**



The researcher name is Maida Tandililing. She was born on September, 19<sup>th</sup> 1999 in Akung Bangkelekila' and she also grew up there. Her Father name was Rudi Sampe, he worked as a private employee and her Mother name is Damaris Dengen. Her mother was a housewife . In her family she is the fifth child of five siblings. She has four Brothers named Sambri Maruru, Samda Maruru, Ardianto Maruru and David Maruru. Her hobbies are singing and traveling. Her first education was in SDN 3 BANGKELEKILA'. Then, she went to Junior High School in SMPN 1 BANGKELEKILA'. After that in 2016 she entered Vocational High School in SMK Pariwisata. She also took a traning in D'maleo Hotel Makassar for 6 months. After she has had finished her Vocational High School, she continued her studied at Bosowa University Makassar in 2018, and she took English literature departement. She has many goals in life which become a better and success woman and make her beloved parents, Maruru big family proud and happy.